NC Medicaid

Community Alternatives Program Consumer Direction Lite Program

A Medicaid Home and Community-Based Service

The Community Alternatives Program (CAP) is a Medicaid Home and Community-Based Services (HCBS) Waiver authorized under section 1915(c) of the Social Security Act and complies with 42 CFR § 440.180, Home and Community-Based waiver services. The Consumer Direction Lite program is a flexible service option created under Appendix K of the CAP waivers to mitigate risk to the waiver participant by assuring necessary personal care service are available to meet assessed needs during the public health emergency.

WHO IS ELIGIBILE?

All Community Alternatives Program participants who:

 No longer have access to their personal care type services through their CAP waiver due to being sequestered as a result of the public health emergency or the stay-at-home order.

ELIGIBILITY REQUIRMENTS

- Must have received in-home aide, pediatric nurse aide, personal care assistant or congregate services on or before March 13
- An agreement to enroll in the Consumer Direction Lite program
- Consent to a background check that includes criminal and health care registry checks
- Completion of Test Your Knowledge Questionnaire
- Participation in identified trainings to build skills
- Rendering of services identified in the plan of care
- Paid caregiver must be over the age of 18

HOW DOES IT WORK

- The case manager will complete an assessment to determine eligibility requirements for a legally responsible person, live-in relative or non-live-in close kinship relative to become the paid caregiver.
- The case manager will provide the waiver participant a Consumer Direction Lite Toolkit.
- The waiver participant will use the Toolkit to begin the steps of enrolling in the Consumer Direction Lite program.
- The waiver participant will be assigned as Employer of Record for payroll purposes.
- The case manager will be assigned as personal representative to assist the waiver participant in developing and monitoring the plan of care.
- The legally responsible person, live-in relative or non-live-in close kinship relative will be provided a 30-day COVID-19 Employee Agreement to act in the role of personal care assistant.
- The legally responsible person, live-in relative or non-live-in close kinship relative must participate, at a minimum, in monthly and quarterly monitoring telephone calls will the case manager.

